

Temiskaming **MENTAL HEALTH** Overview

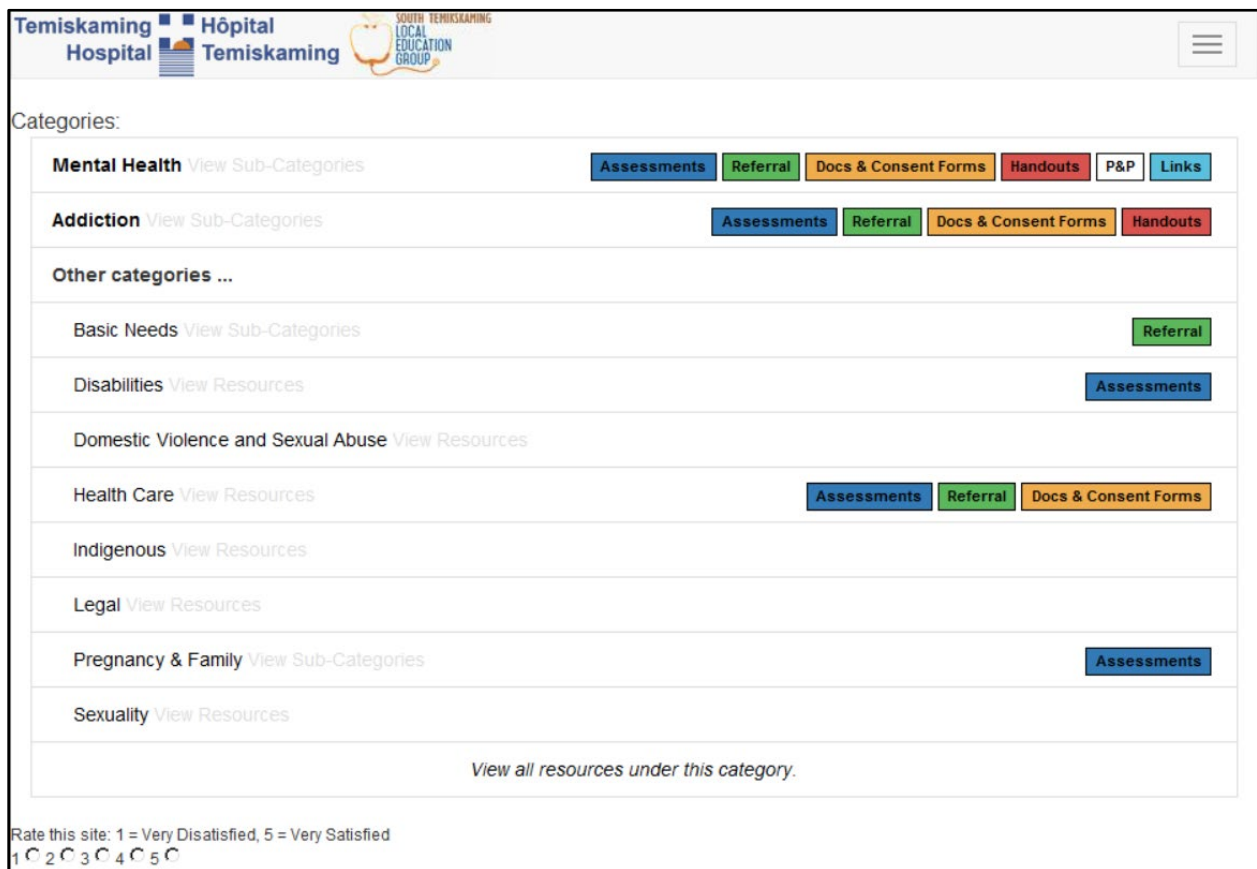
Temiskaming **MENTAL HEALTH** is your new, online reference for the mental health resources that you need to support your patients with mental health and addictions needs.

Here you can find an extensive listing of mental health and addiction resources in a format that you can sort based on their relevance to your patient. Also included are the assessment forms, referral forms, consent forms, handout material and other documents that you need. All documents can be printed and some of the forms can even be completed online prior to printing.

While you can learn how Temiskaming **MENTAL HEALTH** works just by clicking through the application, this documentation provides an overview for you about what is included, where to find it, and how to navigate within the application.

The Main Page

When you click on the Temiskaming **MENTAL HEALTH** link on your computer desktop, you will be taken to a page that looks like this.



The screenshot shows the main page of the Temiskaming MENTAL HEALTH application. At the top, there are logos for Temiskaming Hospital, Hôpital Temiskaming, and the South Temiskaming Local Education Group. Below the logos, the page is organized into categories. Each category has a title, a 'View Sub-Categories' or 'View Resources' link, and a set of colored buttons representing different resource types: Assessments (blue), Referral (green), Docs & Consent Forms (orange), Handouts (red), P&P (light blue), and Links (light blue). The categories listed are: Mental Health, Addiction, Other categories ..., Basic Needs, Disabilities, Domestic Violence and Sexual Abuse, Health Care, Indigenous, Legal, Pregnancy & Family, and Sexuality. At the bottom of the page, there is a feedback section with the text 'Rate this site: 1 = Very Dissatisfied, 5 = Very Satisfied' and a set of five radio buttons labeled 1 through 5.

Resources (organizations) are grouped by **categories** and will appear under as many categories as needed. Some may appear only once, while others may be listed in many different categories.

The listing for each resource (organization) associated with a category provides a wealth of information about the resource itself, including contact information.

The **Assessments, Documents, Referral Forms, Consent Forms, Handouts, Policies and Procedures, and Links** associated with the Category are available to you by clicking on the coloured buttons located on the right-hand side of the screen.

Expanding Categories

The two categories that you are likely to use most often are **Mental Health** and **Addiction**. They can be further expanded, by clicking on them, to reveal further refinements that will help you to hone in on the resources that you are looking for.

The Mental Health category includes sub-categories for **Adult, Child and Youth, Geriatric** and **Direct Referral to Psychiatry**.



The Addiction category includes sub-categories for **Drugs and Alcohol, Gambling, Sex, and Smoking**.



The Menu Button

The **Menu Button** is located at the top right-hand corner of the Home page.

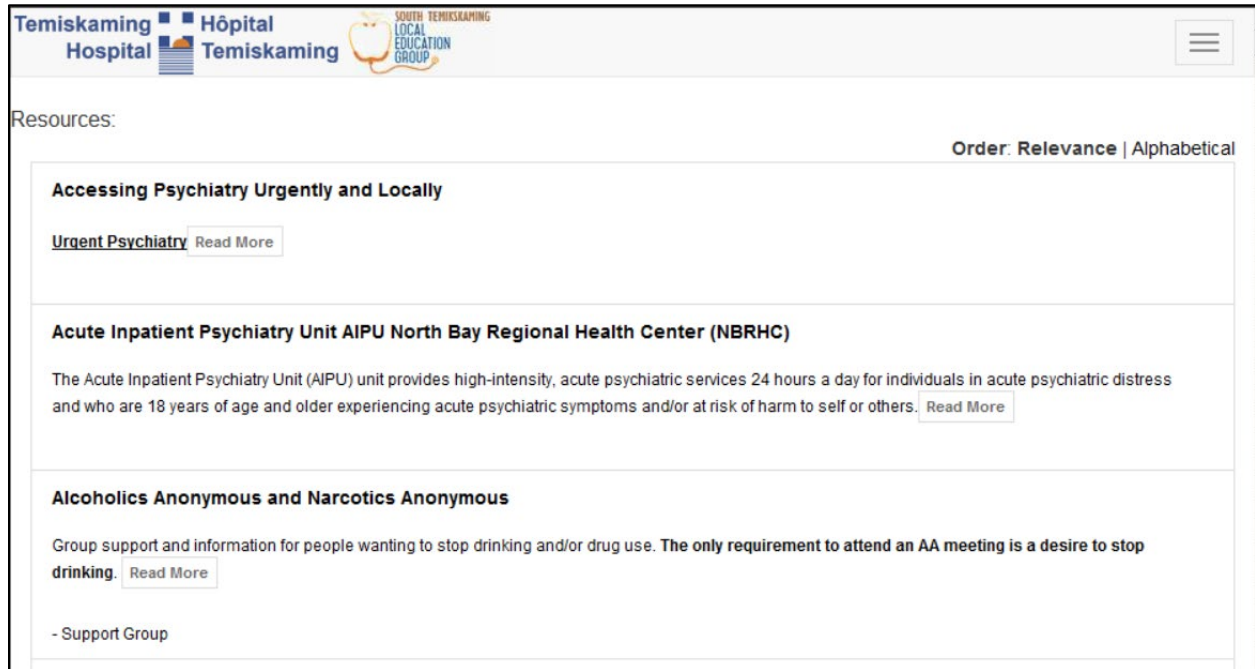


Clicking on it reveals the options available to you, as included here.



The **Categories** page is the default view. It's the screen that you click on when you first open up Temiskaming **MENTAL HEALTH**.

The **Resources** page provides a listing of all of the organizations that provide support in relation to all of the categories. The default view for this page is an alphabetical listing. It can also be sorted to display resources in more relevant sort order as chosen by the user. (More about this later...)



Resources:

Order: Relevance | Alphabetical

Accessing Psychiatry Urgently and Locally

Urgent Psychiatry [Read More](#)

Acute Inpatient Psychiatry Unit AIPU North Bay Regional Health Center (NBRHC)

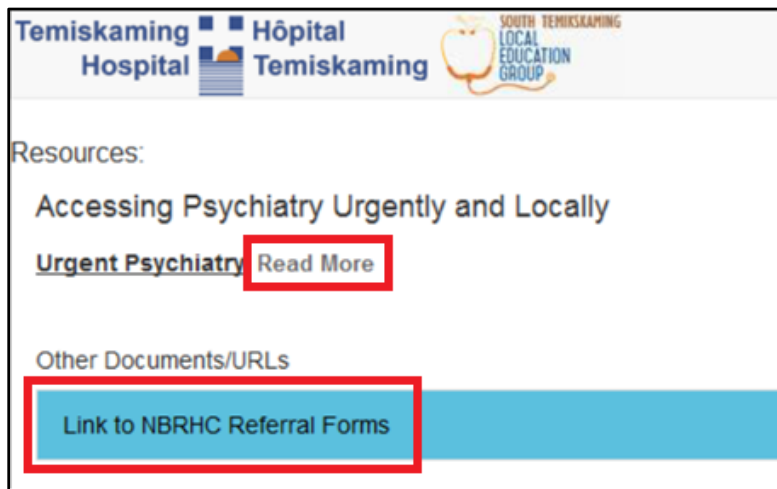
The Acute Inpatient Psychiatry Unit (AIPU) unit provides high-intensity, acute psychiatric services 24 hours a day for individuals in acute psychiatric distress and who are 18 years of age and older experiencing acute psychiatric symptoms and/or at risk of harm to self or others. [Read More](#)

Alcoholics Anonymous and Narcotics Anonymous

Group support and information for people wanting to stop drinking and/or drug use. The only requirement to attend an AA meeting is a desire to stop drinking. [Read More](#)

- Support Group

Whenever words relating to a resource (organization) are underlined or followed by a button labelled **Read More**, clicking on the button will provide additional information and will reveal any of the specific documents, forms or links associated with the resource.



Resources:

Accessing Psychiatry Urgently and Locally


Urgent Psychiatry [Read More](#)

Other Documents/URLs




[Link to NBRHC Referral Forms](#)

In this case, clicking on the **Link to NBRHC Referral Forms** takes you to this organization's website and its own listing of forms.

NBRHC
[Accountability](#)
[Foundation](#)
[Strategic Plan](#)

[North Bay Regional Health Centre](#)

[Centre régional de santé de North Bay](#)

[Donate Now](#)

[Home](#)
[About Us](#)
[Patients & Visitors](#)
[Join Our Team](#)
[Programs & Services](#)
[Contact Us](#)

Home » Health Care Provider Forms » Mental Health & Addictions Forms

- ▶ Diagnostic Services Forms
- ▶ Medical Clinic/Program Forms
- ▶ **Mental Health & Addictions Forms**
- ▶ Other Forms
- ▶ Rehabilitation (Inpatient & Outpatient) Forms
- ▶ Surgical Services Forms
- ▶ Women & Children Forms

Mental Health & Addictions Forms

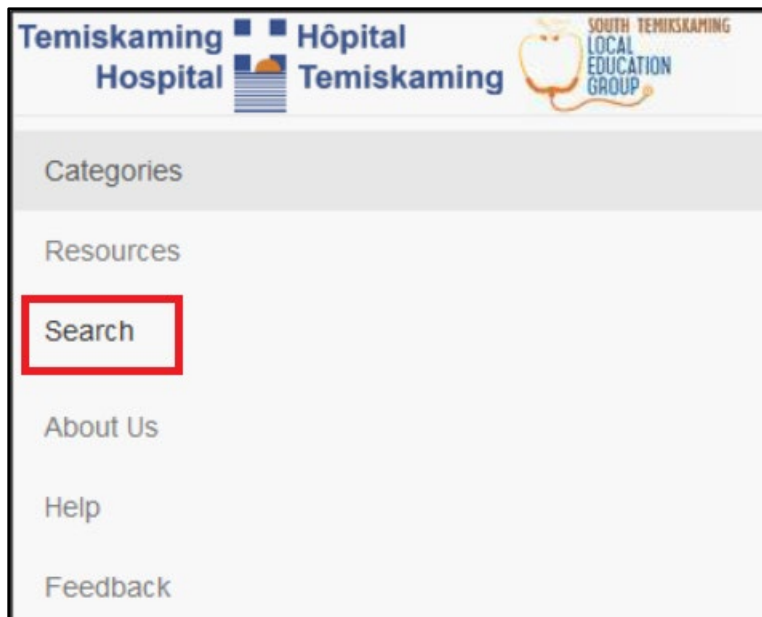
Requisition Forms



Name	Number	Language
Outpatient Psychiatry Clinic Consultation	RHC 2209	English

Referral Forms

Name	Number	Language
Regional Mental Health Central Referral Form	RHC 817	English
Central Intake Referral Form	RHC 1646	English
Community Crisis Outreach Referral Form	RHC 1659	English
Developmental Disabilities Service Referral Form	RHC 1938	English
Pediatric Acute Mental Health Admission Referral Form	RHC 2129	English

Another option available to you from the Menu button is the application's **Search** functionality.

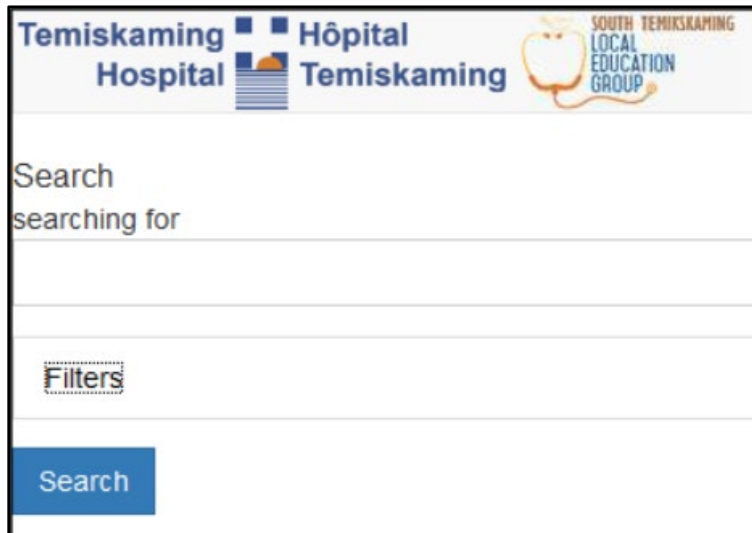


- Categories
- Resources
- Search
- About Us
- Help
- Feedback

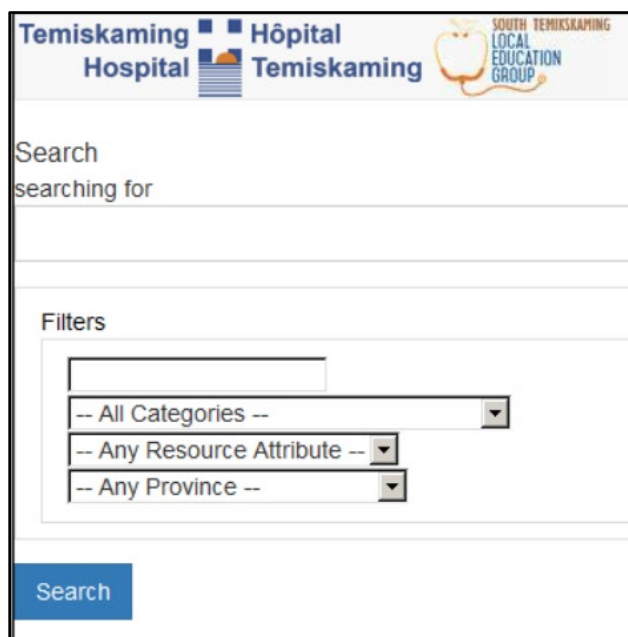
Clicking on **Search** results in the following dialogue box, which offers two options for searching.

The user can type in the field under the words 'searching for' the name of the resource that they are seeking. Then click Search to reveal the matches. Alternately, the user can choose to use the Filters available within the application to narrow their search results. To do this, click on **Filters**.



The screenshot shows a search dialog box with the following elements: a header with logos for Temiskaming Hospital, Hôpital Temiskaming, and South Temiskaming Local Education Group; a search input field labeled 'Search' and 'searching for'; a 'Filters' button; and a blue 'Search' button at the bottom left.

This reveals the different filtering options, which include filters by **Category**, by **Resource Attribute**, and by **Province**.



The screenshot shows the search dialog box with the 'Filters' dropdown menu expanded. The menu contains three options: '-- All Categories --', '-- Any Resource Attribute --', and '-- Any Province --'. A blue 'Search' button is visible at the bottom left.

Filtering by **Categories** offers an extensive list of options to help the user narrow their choice of resources.

- All Categories –
- Addiction
 - Drugs & Alcohol
 - Counselling
 - Detoxification Centre
 - Family Support
 - Opioid Agonist Therapy
 - Residential Treatment
- Gambling
- Sex
- Smoking
- Basic Needs
 - Clothing
 - Financial
 - Food
 - Shelter
- Disabilities
- Domestic Violence and Sexual Abuse
- Health Care
- Indigenous
- Legal
- Mental Health
 - Adult
 - Crisis/Helpline
 - In-Patient
 - Out-Patient & Community Services
 - Child & Youth
 - Crisis/Helpline
 - In-Patient
 - Out-Patient & Community Services
 - Direct Referral To Psychiatry
 - Geriatric
 - Crisis/Helpline
 - In-Patient
 - Out-Patient & Community Services
- Pregnancy & Family
 - Parenting
 - Pregnancy
- Sexuality

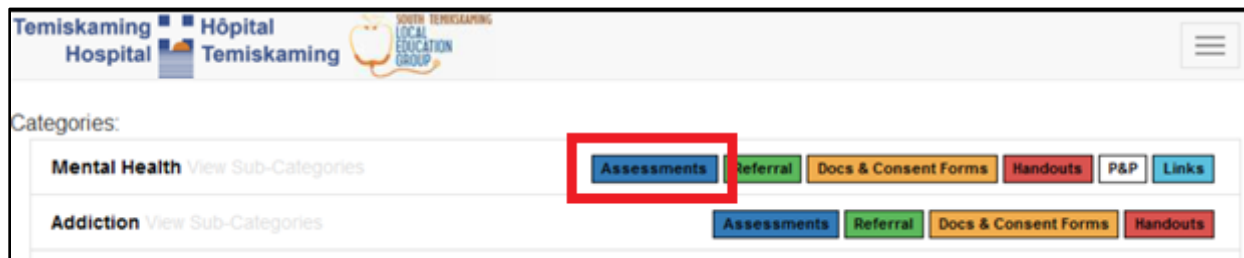
Filtering by **Resource Attribute** provides another way to refine the list of resources to more closely meet your needs.

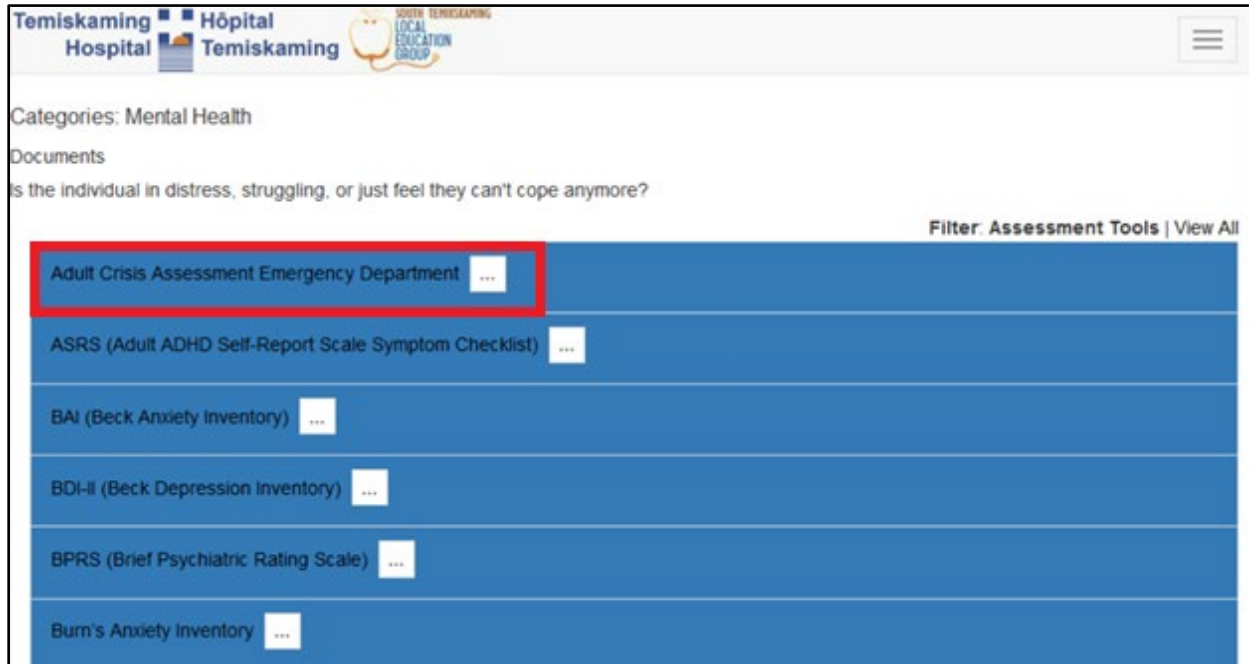


Coloured Buttons

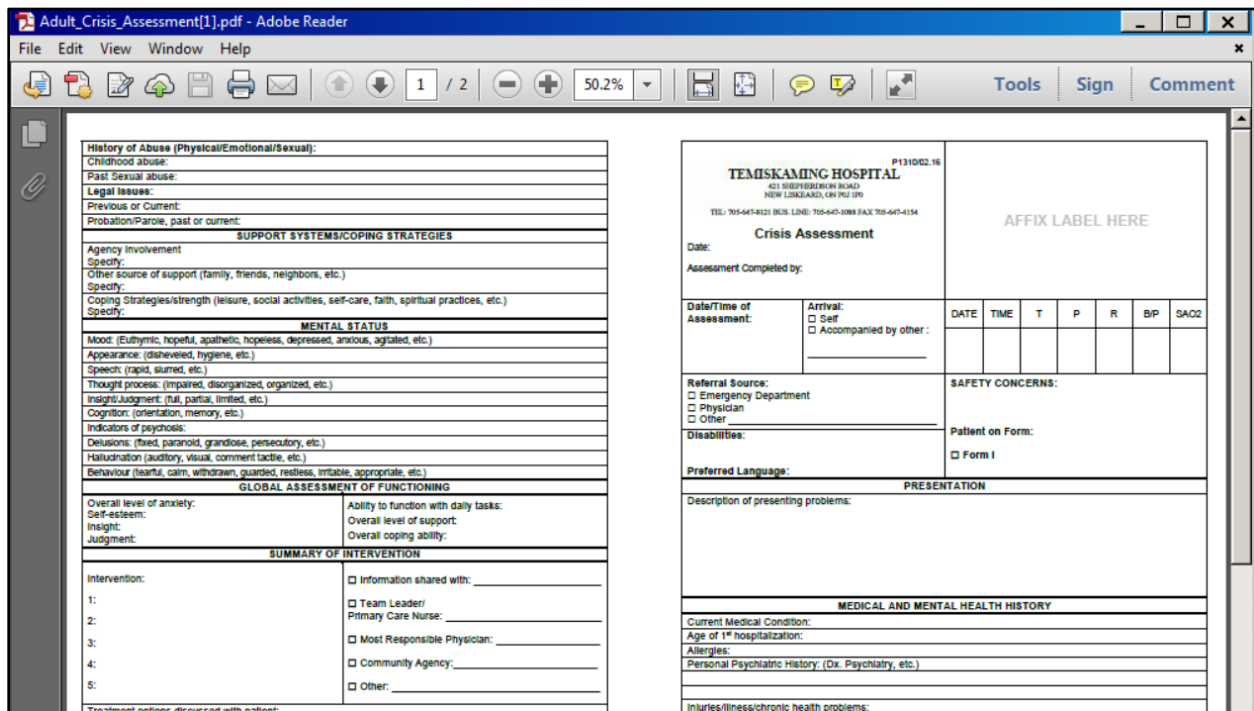
Clicking on the **coloured buttons** opens up documents that you will find helpful, including **Assessments, Documents, Referral Forms, Consent Forms, Handouts, Policies and Procedures, and Links** associated with the Category are available to you by clicking on the coloured buttons located on the right-hand side of the screen.

These coloured buttons appear in relation to **Categories, Sub-Categories, and individual Resources**. Clicking on the **Assessments** button for the category **Mental Health**, for example, reveals all of the assessments associated with this category, listed alphabetically





Clicking on the title of interest will open up the individual document. In this case, clicking on **Adult Crisis Assessment Emergency Department** returns the following document.



Adult_Crisis_Assessment[1].pdf - Adobe Reader

File Edit View Window Help

Tools Sign Comment

1 / 2 50.2%

History of Abuse (Physical/Emotional/Sexual):

Childhood abuse: _____

Past Sexual abuse: _____

Legal Issues:

Previous or Current: _____

Probation/Parole, past or current: _____

SUPPORT SYSTEMS/COPING STRATEGIES

Agency involvement: _____

Specify: _____

Other source of support (family, friends, neighbors, etc.): _____

Specify: _____

Coping Strategies/strength (leisure, social activities, self-care, faith, spiritual practices, etc.): _____

Specify: _____

MENTAL STATUS

Mood: (Euthymic, hopeful, apathetic, hopeless, depressed, anxious, agitated, etc.) _____

Appearance: (disheveled, hygiene, etc.) _____

Speech: (rapid, slurred, etc.) _____

Thought process: (impaired, disorganized, organized, etc.) _____

Insight/Judgment: (full, partial, limited, etc.) _____

Cognition: (orientation, memory, etc.) _____

Indicators of psychosis:

Delusions: (fixed, paranoid, grandiose, persecutory, etc.) _____

Hallucination (auditory, visual, comment tactile, etc.): _____

Behaviour (fearful, calm, withdrawn, guarded, restless, irritable, appropriate, etc.) _____

GLOBAL ASSESSMENT OF FUNCTIONING

Overall level of anxiety: _____

Self-esteem: _____

Insight: _____

Judgment: _____

Ability to function with daily tasks: _____

Overall level of support: _____

Overall coping ability: _____

SUMMARY OF INTERVENTION

Intervention:

1: _____

2: _____

3: _____

4: _____

5: _____

Information shared with: _____

Team Leader/ Primary Care Nurse: _____

Most Responsible Physician: _____

Community Agency: _____

Other: _____

Treatment options discussed with patient: _____

TEMISKAMING HOSPITAL P131002.16

421 BISHOP DRIVE ROAD
NEW LONDON, ON N3J 1P9
TEL: 705-647-4121 (TOLL FREE) 705-647-1088 FAX: 705-647-4154

Crisis Assessment

Date: _____

Assessment Completed by: _____

Arrival:

Self

Accompanied by other: _____

DATE	TIME	T	P	R	BP	SAO2

Referral Source:

Emergency Department

Physician

Other: _____

Disabilities: _____

Preferred Language: _____

SAFETY CONCERNS:

Patient on Form: _____

Form 1

PRESENTATION

Description of presenting problems: _____

MEDICAL AND MENTAL HEALTH HISTORY

Current Medical Condition: _____

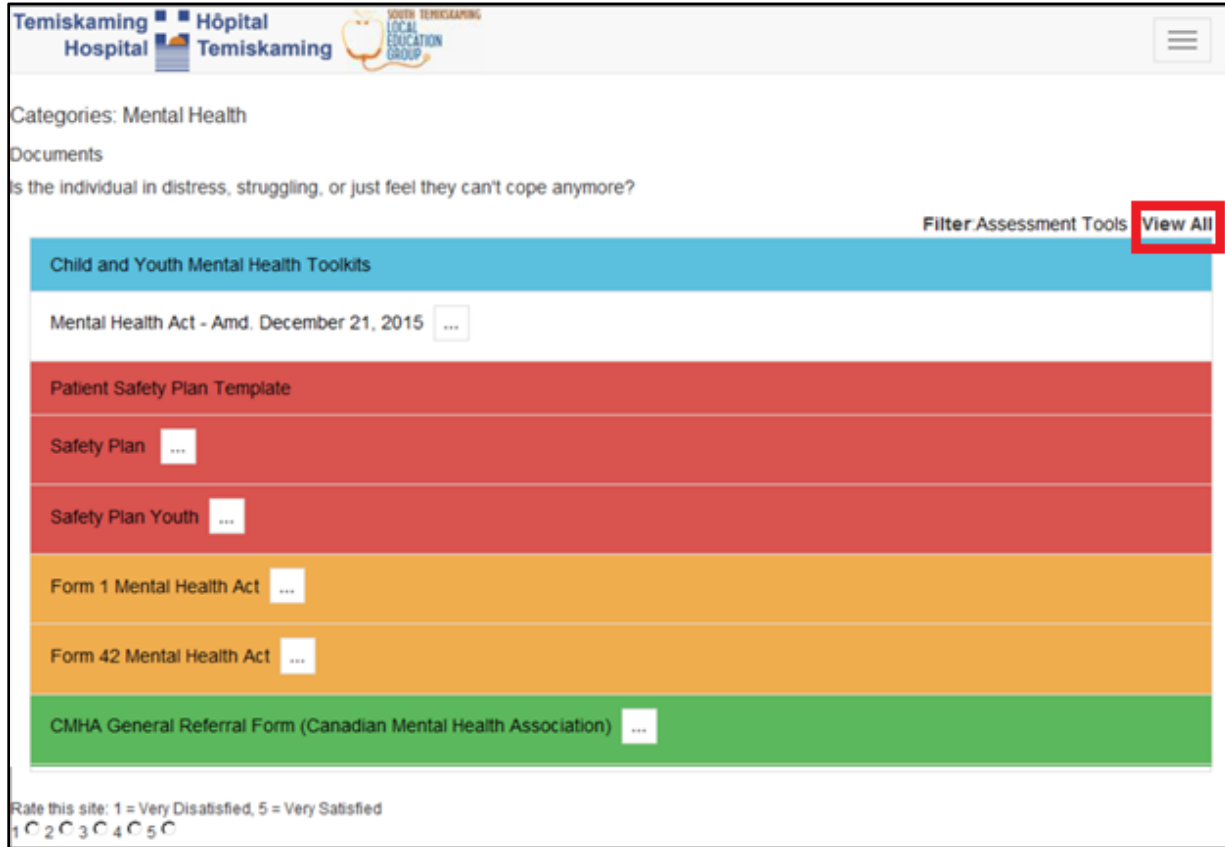
Age of 1st hospitalization: _____

Allergies: _____

Personal Psychiatric History: (Dx, Psychiatry, etc.) _____

Injuries/illness/chronic health problems: _____

Clicking on **View All**, in the top right corner changes the view under the category of Mental Health to include all associated document types.



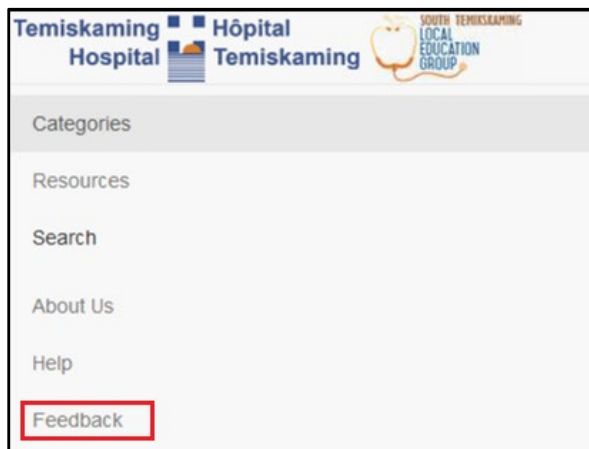
Additional Help



Additional **Help** in using Temiskaming **MENTAL HEALTH** is available by clicking on the **Menu** button at the top right of the screen. There are a number of options listed, and clicking on each of them will reveal additional help.

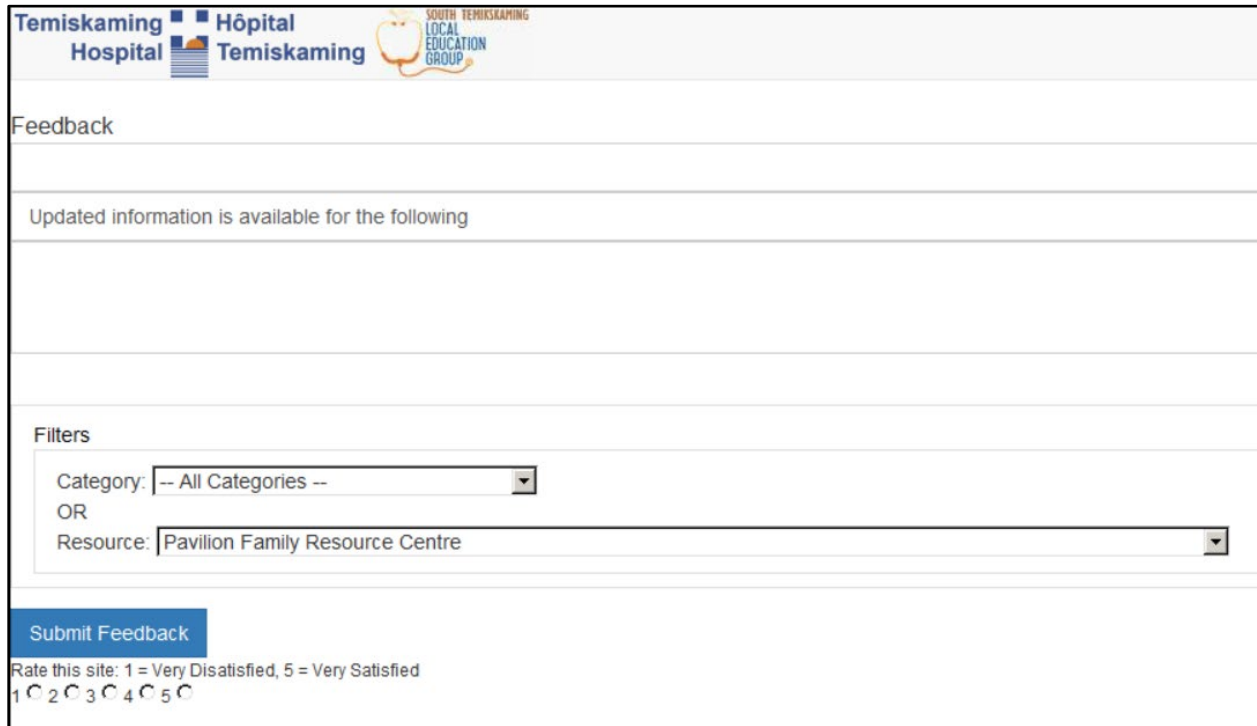
Category Tab
Guide to using the category tab and file lists
Demo Resource
iPad - Fill & Sign Features
iPad - Opening Files
iPad - Printing Documents
Legend
Search Tool
Workstation - Activating Fill & Sign
Workstation - Fill & Sign Features
Workstation - PDF Settings Google Chrome
Workstation - PDF Settings Internet Explorer
Workstation- Navigating a Document Within Fill & Sign
Workstation- Printing a Document

Feedback



The last option on the **Menu** button allows you to easily provide feedback to Temiskaming Hospital about the Temiskaming **MENTAL HEALTH**.

By clicking on the Feedback button, you can quickly send feedback about information that is missing or incorrect by using the free text field included below the heading **Updated information is available for the following**. Optionally, you can use the Filter selections for Category or Resource to further identify the feedback that you are providing.



The screenshot shows a feedback form with the following elements:

- Header: Temiskaming Hospital and Hôpital Temiskaming logos, and South Temiskaming Local Education Group logo.
- Section: Feedback
- Text: Updated information is available for the following
- Filters:
 - Category: -- All Categories --
 - OR
 - Resource: Pavilion Family Resource Centre
- Submit Feedback button
- Rate this site: 1 = Very Dissatisfied, 5 = Very Satisfied
- Rating scale: 1 2 3 4 5

Finally, you can provide an indication of your satisfaction with Temiskaming **MENTAL HEALTH** by simply clicking on your rating of the site.

If you have any other questions or suggestions for technical improvement of this application, please contact:

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