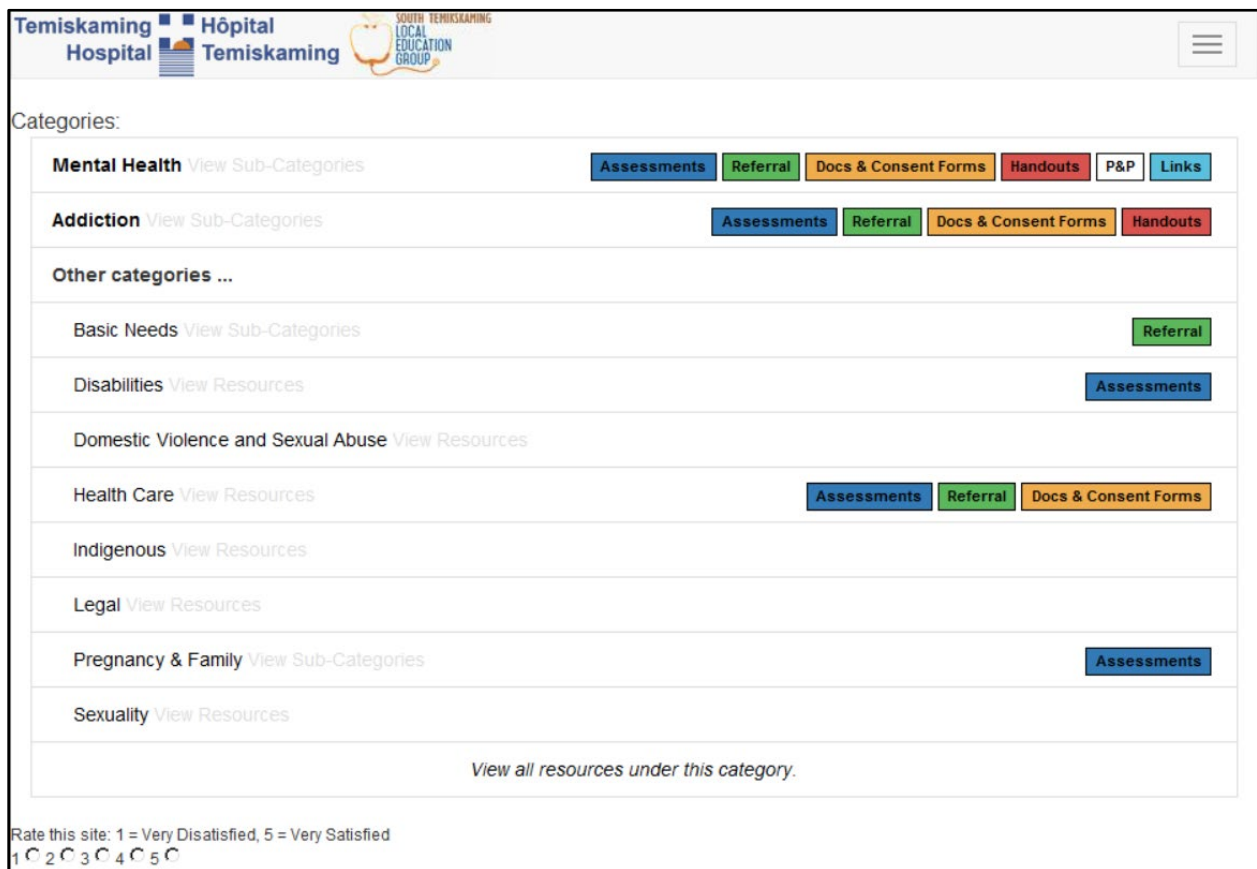# Temiskaming **MENTAL HEALTH** Overview

Temiskaming **MENTAL HEALTH** is your new, online reference for the mental health resources that you need to support your patients with mental health and addictions needs.

Here you can find an extensive listing of mental health and addiction resources in a format that you can sort based on their relevance to your patient. Also included are the assessment forms, referral forms, consent forms, handout material and other documents that you need. All documents can be printed and some of the forms can even be completed online prior to printing.

While you can learn how Temiskaming **MENTAL HEALTH** works just by clicking through the application, this documentation provides an overview for you about what is included, where to find it, and how to navigate within the application.

The Main Page

When you click on the Temiskaming **MENTAL HEALTH** link on your computer desktop, you will be taken to a page that looks like this.

Resources (organizations) are grouped by **categories** and will appear under as many categories as needed. Some may appear only once, while others may be listed in many different categories.

The listing for each resource (organization) associated with a category provides a wealth of information about the resource itself, including contact information.

The **Assessments, Documents, Referral Forms, Consent Forms, Handouts, Policies and Procedures,** and **Links** associated with the Category are available to you by clicking on the coloured buttons located on the right-hand side of the screen.

Expanding Categories

The two categories that you are likely to use most often are **Mental Health** and **Addiction**. They can be further expanded, by clicking on them, to reveal further refinements that will help you to hone in on the resources that you are looking for.

The Mental Health category includes sub-categories for **Adult, Child and Youth , Geriatric** and **Direct Referral to Psychiatry**.

The Addiction category includes sub-categories for **Drugs and Alcohol, Gambling, Sex,** and **Smoking**.

The Menu Button

The **Menu Button** is located at the top right-hand corner of the Home page.
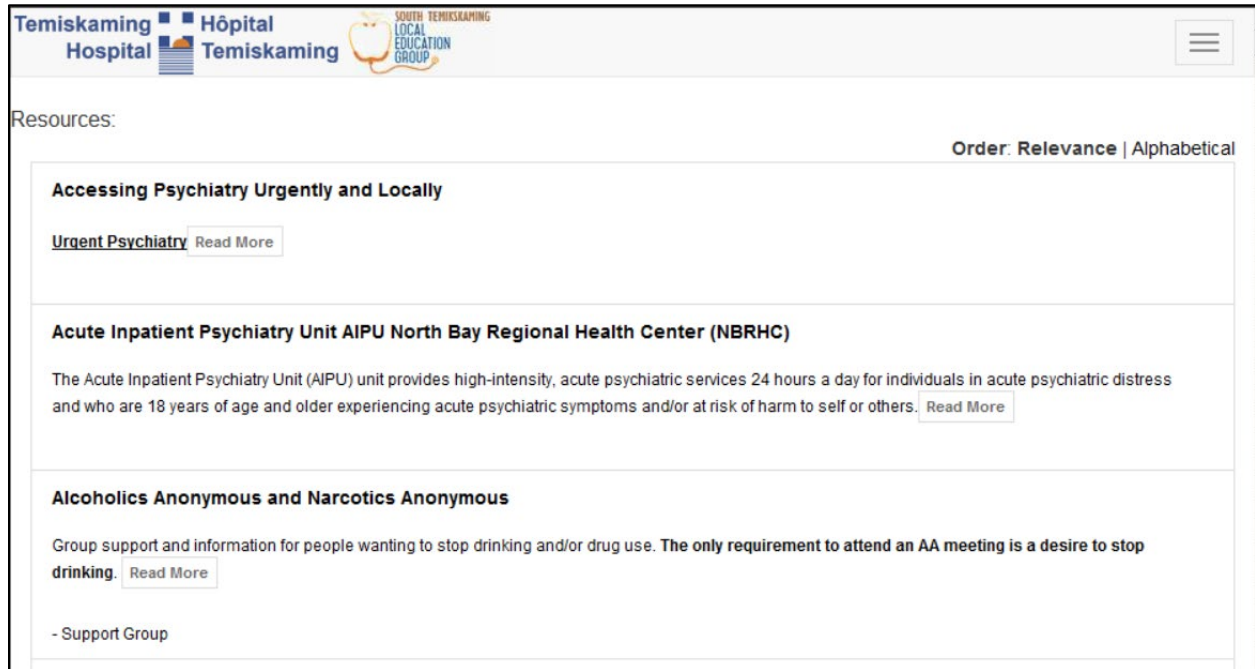

Clicking on it reveals the options available to you, as included here.

The **Categories** page is the default view. It's the screen that you click on when you first open up Temiskaming **MENTAL HEALTH.**

The **Resources** page provides a listing of all of the organizations that provide support in relation to all of the categories. The default view for this page is an alphabetical listing. It can also be sorted to display resources in more relevant sort order as chosen by the user. (More about this later…)

Whenever words relating to a resource (organization) are underlined or followed by a button labelled **Read More**, clicking on the button will provide additional information and will reveal any of the specific documents, forms or links associated with the resource.

In this case, clicking on the **Link to NBRHC Referral Forms** takes you to this organization's website and its own listing of forms.

Another option available to you from the Menu button is the application's **Search** functionality.
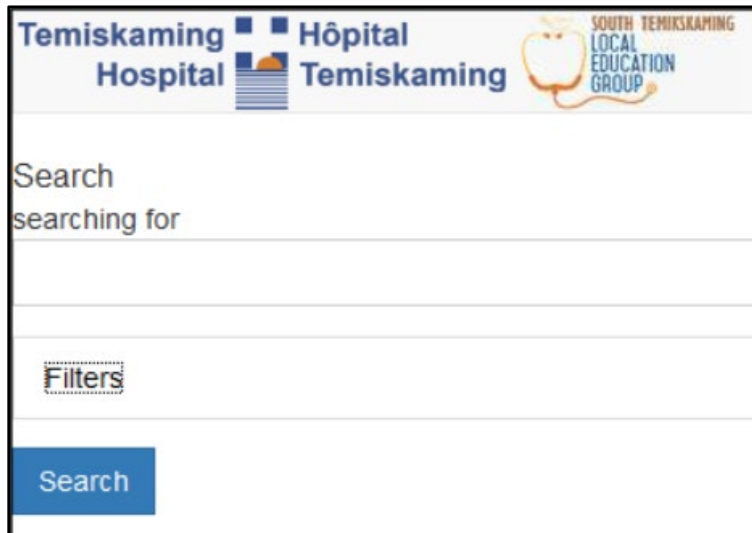
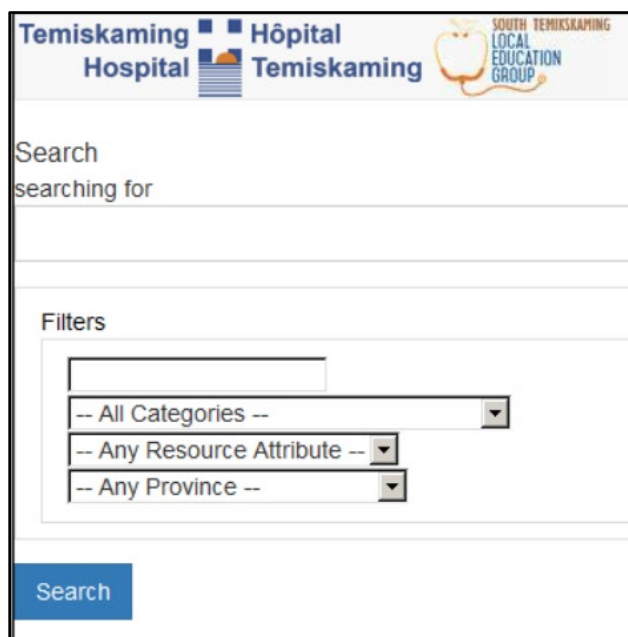Clicking on **Search** results in the following dialogue box, which offers two options for searching.

The user can type in the field under the words 'searching for' the name of the resource that they are seeking. Then click Search to reveal the matches. Alternately, the user can choose to use the Filters available within the application to narrow their search results. To do this, click on **Filters**.

This reveals the different filtering options, which include filters by **Category**, by **Resource Attribute**, and by **Province.**

Filtering by **Categories** offers an extensive list of options to help the user narrow their choice of resources.

```
-- All Categories --
Addiction
-- Drugs & Alcohol
---- Counselling
---- Detoxification Centre
---- Family Support
---- Opioid Agonist Therapy
---- Residential Treatment
-- Gambling
-- Sex
-- Smoking
Basic Needs
-- Clothing
-- Financial
-- Food
-- Shelter
Disabilities
Domestic Violence and Sexual Abuse
Health Care
Indigenous
Legal
Mental Health
-- Adult
---- Crisis/Helpline
---- In-Patient
---- Out-Patient & Community Services
-- Child & Youth
---- Crisis/Helpline
---- In-Patient
---- Out-Patient & Community Services
-- Direct Referral To Psychiatry
-- Geriatric
---- Crisis/Helpline
---- In-Patient
---- Out-Patient & Community Services
Pregnancy & Family
-- Parenting
-- Pregnancy
Sexuality
```

Filtering by **Resource Attribute** provides another way to refine the list of resources to more closely meet your needs.
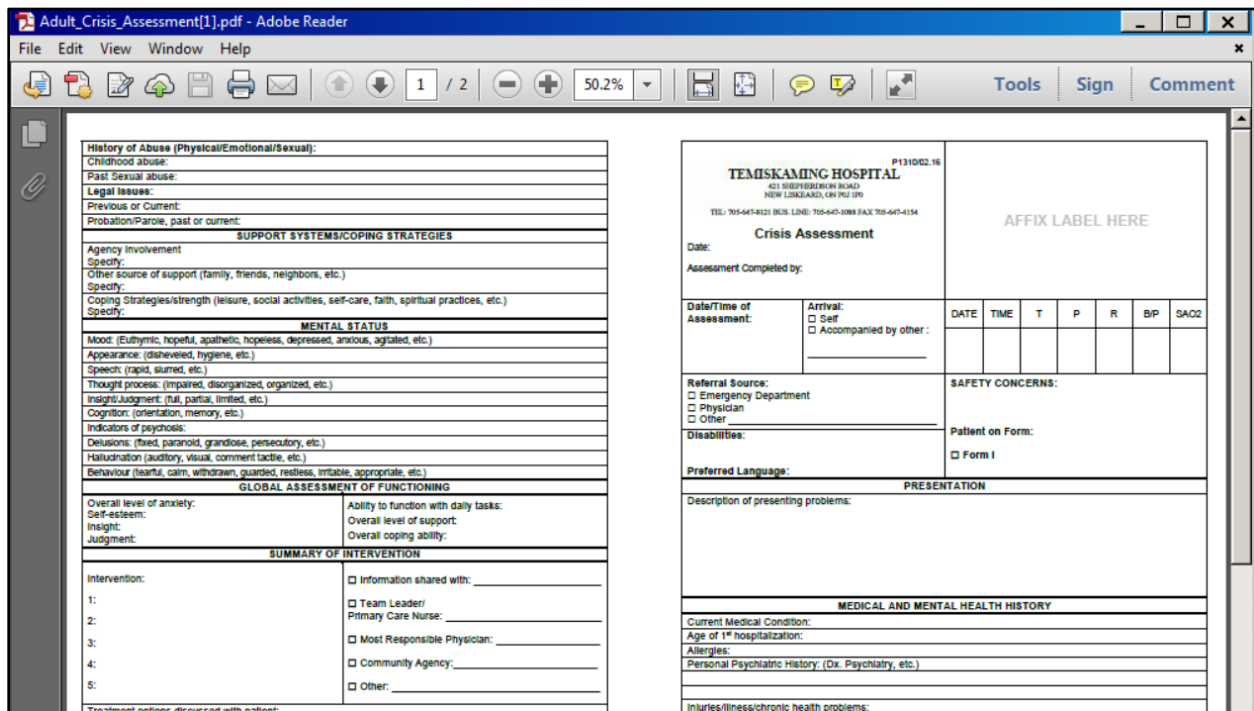

Coloured Buttons

Clicking on the **coloured buttons** opens up documents that you will find helpful, including **Assessments, Documents, Referral Forms, Consent Forms, Handouts, Policies and Procedures,** and **Links** associated with the Category are available to you by clicking on the coloured buttons located on the right-hand side of the screen.

These coloured buttons appear in relation to **Categories, Sub-Categories,** and **individual Resources.** Clicking on the **Assessments** button for the category **Mental Health**, for example, reveals all of the assessments associated with this category, listed alphabetically
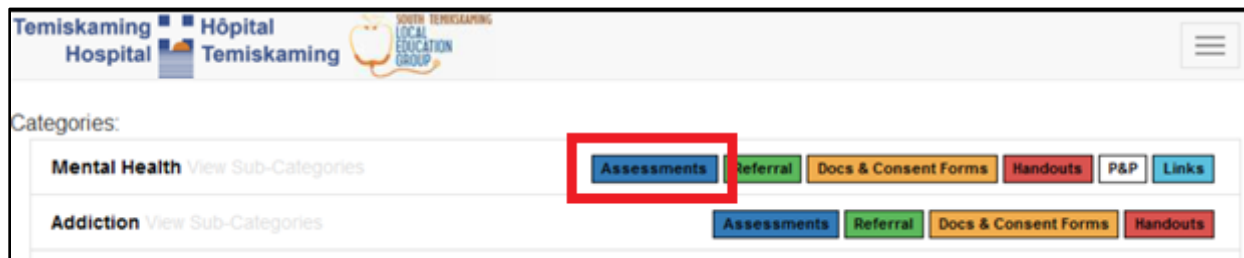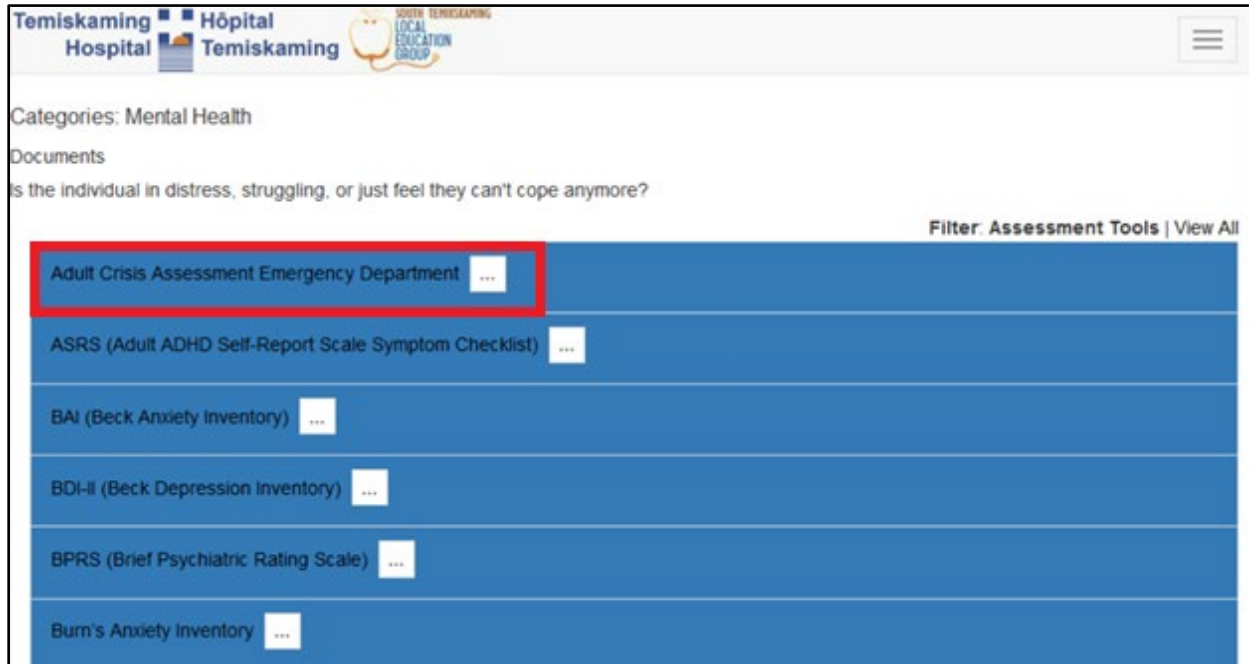
Clicking on the title of interest will open up the individual document. In this case, clicking on **Adult Crisis Assessment Emergency Department** returns the following document.

Clicking on **View All**, in the top right corner changes the view under the category of Mental Health to include all associated document types.
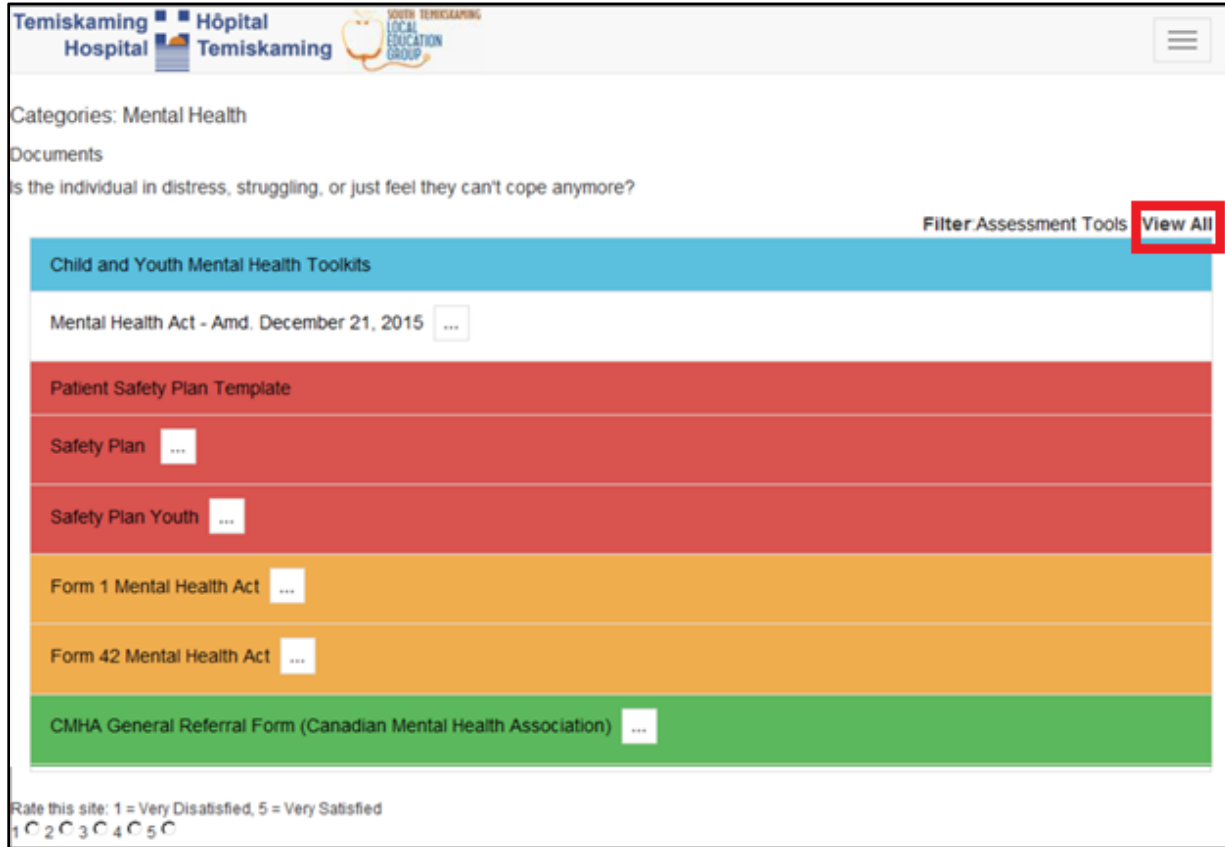
Additional Help

Additional **Help** in using Temiskaming **MENTAL HEALTH** is available by clicking on the **Menu** button at the top right of the screen. There are a number of options listed, and clicking on each of them will reveal additional help.

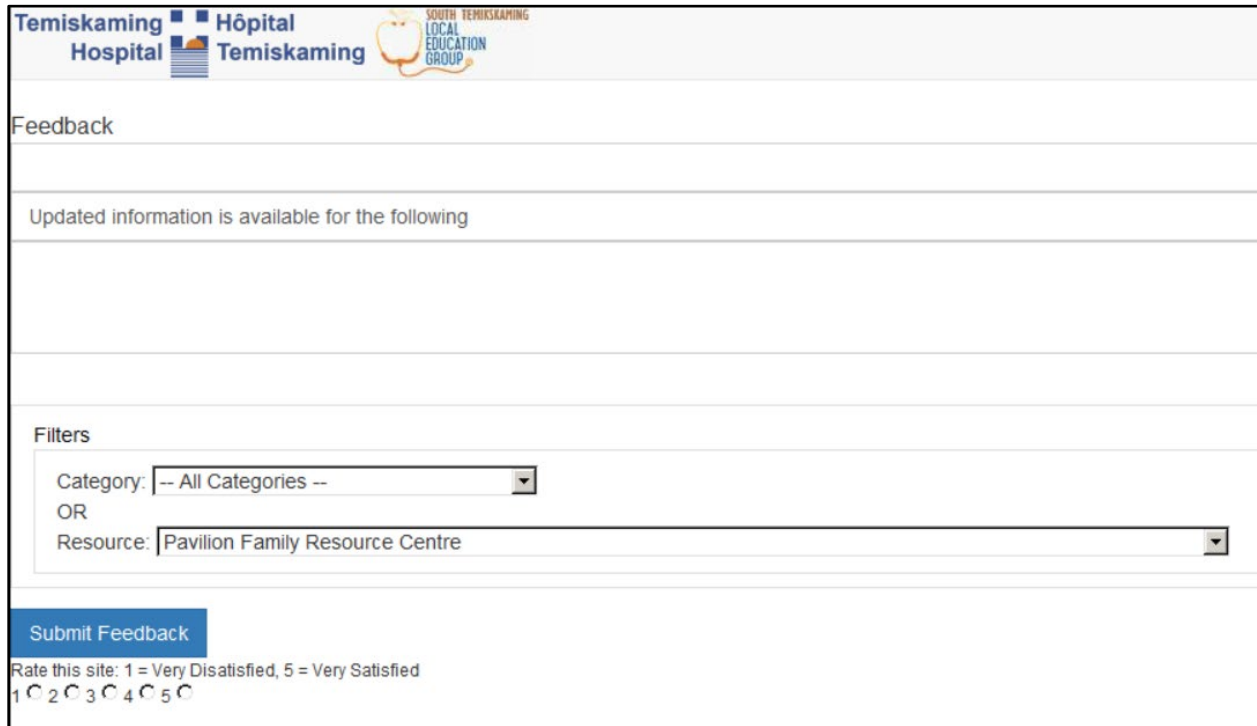| Category Tab |
| :--- |
| Guide to using the category tab and file lists |
| Demo Resource |
| iPad - Fill & Sign Features |
| iPad - Opening Files |
| iPad - Printing Documents |
| Legend |
| Search Tool |
| Workstation - Activating Fill & Sign |
| Workstation - Fill & Sign Features |
| Workstation - PDF Settings Google Chrome |
| Workstation - PDF Settings Internet Explorer |
| Workstation- Navigating a Document Within Fill & Sign |
| Workstation- Printing a Document |

Feedback
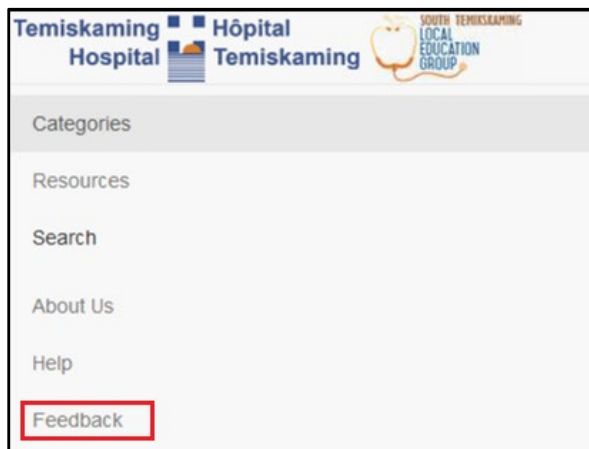
The last option on the **Menu** button allows you to easily provide feedback to Temiskaming Hospital about the Temiskaming **MENTAL HEALTH.**

By clicking on the Feedback button, you can quickly send feedback about information that is missing or incorrect by using the free text field included below the heading **Updated information is available for the following.** Optionally, you can use the Filter selections for Category or Resource to further identify the feedback that you are providing.

Finally, you can provide an indication of your satisfaction with Temiskaming **MENTAL HEALTH** by simply clicking on your rating of the site.

If you have any other questions or suggestions for technical improvement of this application, please contact:
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